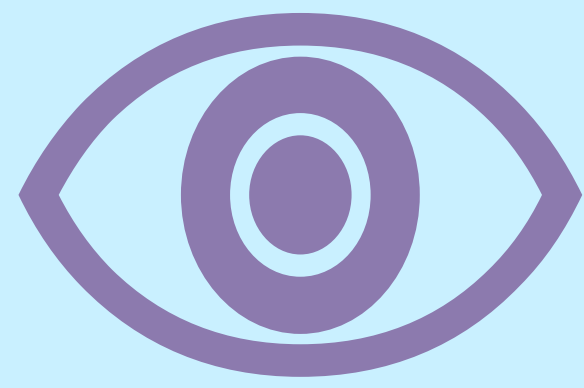


Looks Like



CHILDS NAME HERE

Smells like

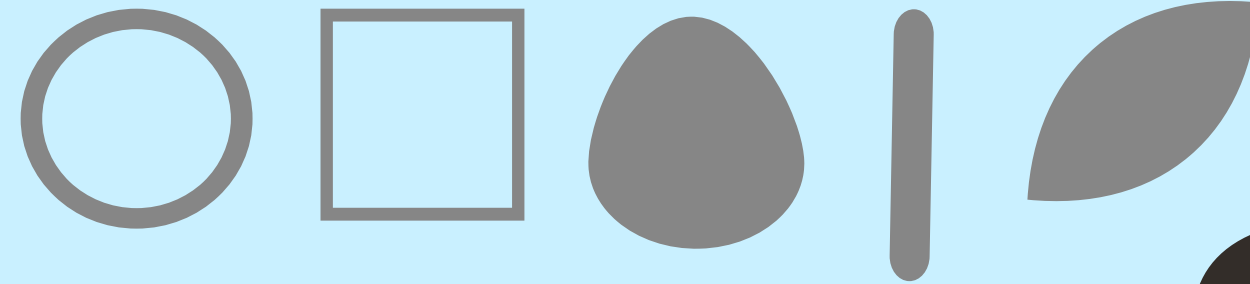
SIZE

SMALL MEDIUM BIG

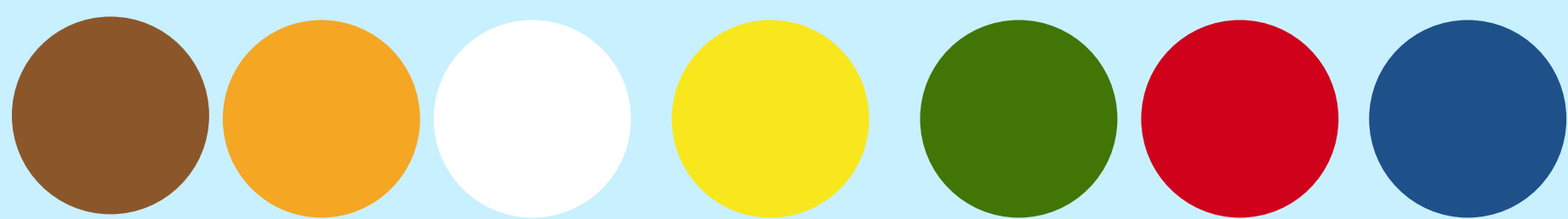
REMEMBER TO
TURN OFF
YOUR JUDGE
BRAIN

DRAW & NAME
YOUR
NEW
FOOD
HERE

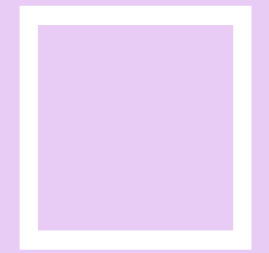
SHAPE



COLOUR



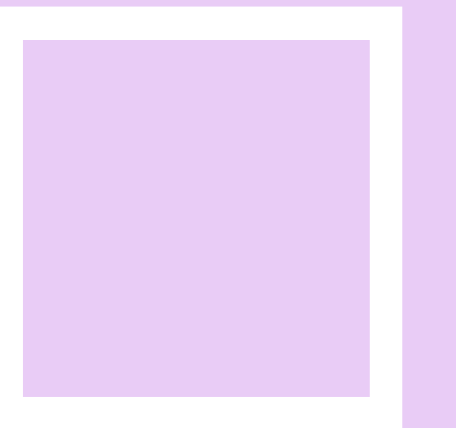
SMALL SMELL



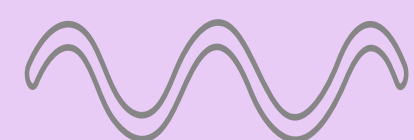
MEDIUM SMELL



BIG SMELL

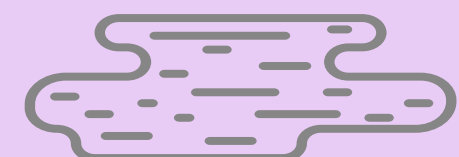


BUMPY



Feels Like

ROUGH



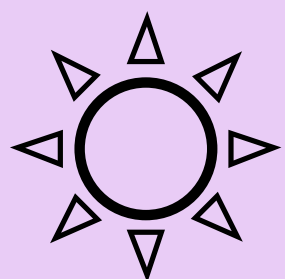
SMOOTH



HARD

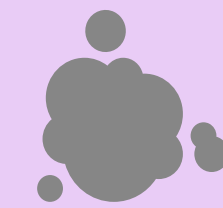


WARM



DRY

POWDER



WET



COLD



STICKY



Sounds Like

CRUNCHY

SQUEAKY

LOUD

QUIET

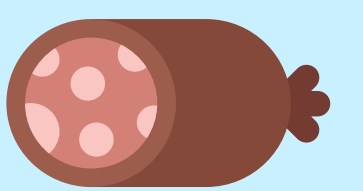


Tastes Like

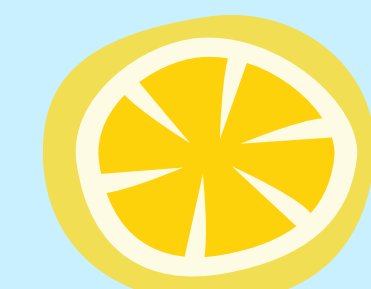
Sweet



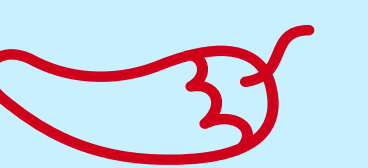
Meat-y



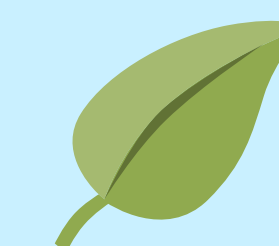
Sour



Spicy



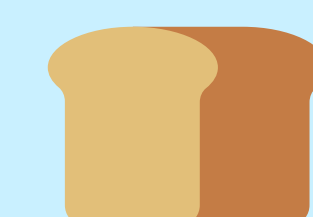
Plant-y



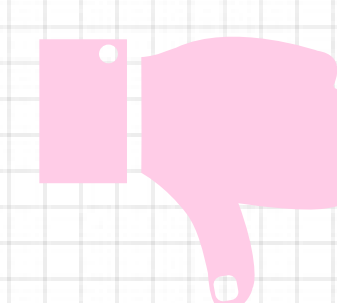
Salty



Bread-y



DID YOU LIKE THIS
FOOD OR NOT YET?



Points to Remember



It takes 10 times of trying a new food before your body can decide if its going to like it.

You can spit out your food, wipe your tongue and have a drink if the taste is too big!
(at home)

Our bodies are learning to taste new foods, so switch off your judge brain and turn on your science brain.

If you aren't ready for a full taste of the new food, you can take a 'Snake Lick'.

